



Psychological Counseling Center Reutlingen

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72764 Reutlingen

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We offer psychological counseling for adult individuals and couples.

You've come to the right place, if you...

- are experiencing a crisis in life,
- are burdened with conflicts in the relationship with your spouse, your partner, or your family,
- have problems with colleagues at work,
- suffer psychosomatic symptoms,
- experience life with your fellow human beings as increasingly difficult,
- find life in a foreign society trying and stressful.

You can come to us with any of these problems, we will try to help you deal with them.

At the **first counseling session** you will meet and talk with your designated counselor personally. There you will have the opportunity to discuss your concerns, your problems, your questions, and your goals with him or her.

Afterwards you and the counselor will decide together whether counseling at our center is suitable to deal with your particular issues.

The **actual number of counseling sessions** varies **individually**. Some concerns can be dealt with in one or two sessions. Others take longer. Counseling is sometimes necessary over an extended period of time.

Strict confidentiality is always assured in our counseling work.

Our counseling work is **multilingual** and **sensitive to the unique situations of culture and migration**. It is available to all individuals regardless of skin color, sex, nationality, religion, and political or ideological orientation.

Our present team offers counseling in **German, Bosnian, Bulgarian, Croat, English, Italian, Russian, Serbian, Spanish and Thai**.

We have interpreters for the following languages: **Arabic, Dari-Farsi, French, Kurmanci, Sorani, Russian, Ukranian, Tigrinya, Turkish**. Feel free to ask for further languages.

Please call us to make an appointment for your first counseling session.

Fees

The first counseling session is always free of charge. The fee for the following counseling sessions will be set according to your personal financial situation, in agreement with you. Counseling is always available, even if your finances are extremely limited.

The counseling center is funded by the Roman Catholic Church.