

## **Psychological Counseling Center Reutlingen**

Gartenstr. 17 72764 Reutlingen

Tel.: 07121 – 334547, Fax: 07121 – 321945 Mob.: 0157 – 34596620 (for appointments with interpreter only)

E-mail: info@psych-beratung.de

Our counseling center offers psychological counseling for adults in the areas of individual and relationship counseling.

## You've Come to the Right Place, if You...

- are experiencing a crisis in life,
- are burdened with conflicts in the relationship with your spouse, your partner, or your family,
- have problems with colleagues at work,
- suffer from psychosomatic complaints,
- increasingly experience life with your fellow human beings as difficult.
- find life in a foreign society trying and stressful.

You can come to us with any of these problems, we will try to help you deal with them.

At the **first counseling session** you will meet and talk with your designated counselor personally. There you will have the opportunity to discuss your concerns, your problem, your questions, and your goals with him or her.

Afterwards you and the counselor will decide together whether counseling at our center is suitable to deal with your particular conflict.

The **actual number of counseling sessions** varies **individually**. Some concerns can be dealt with in one or two sessions. Others take longer. Counseling is sometimes necessary over an extended period of time.

**Strict confidentiality** is always assured in our counseling work.

Our counseling work is **multilingual** and **sensitive to the unique situations of culture and migration**. It is available to all individuals regardless of skin color, sex, nationality, religion, and political or ideological orientation.

Our present team offers counseling in **German, Bosnian, Bulgarian, Croat, English, Italian, Russian, Serbian, Spanish and Thai**.

We have interpreters for the following languages: **Arabic, Dari-Farsi, French, Kurmanci, Sorani, Russian, Ukranian, Tigrinya, Turkish**. Feel free to ask for further languages.

Please call us for making an appointment for the first meeting.

## Fees

The first counseling session is always free of charge. The fee for the following counseling sessions will be set according to your personal financial situation, in agreement with you. Counseling is always available, even if your finances are extremely limited.

The counseling center is supported by the Roman Catholic Church.